

**Individual Qualifying for CIF**  
**April 28, 2009 (Field) -- May 5, 2009 (Track)**

**Boys Results**

Event	First Place			Second Place			Third Place			
	Name	Mark		Name	Mark		Name	Mark		
Field Long Jump	Peter Acevedo	HHS	21' .5"	Henry Vildosola	WCS	21' .25"	Brandon Ward	WCS	20' 1.5"	
Triple Jump	Henry Vildosola	WCS	45' 0"	Cody Stow	CMH	39' 6"	Darnell Calhoun	CMH	38' 8"	
High Jump	Henry Vildosola	WCS	5' 10"	Derrick Calloway	HHS	5' 8"	Justin Harquess	HCS	5' 8"	
Shot Put	Bray Gill	WCS	42' 5"	Justin Young	DCS	41' 6.5"	Blaine Whitson	CMH	40' 7.5"	
Discus	Justin Young	DCS	134' .5"	Bray Gill	WCS	132' .5"	Mike Jenkins	WCS	113' 2.5"	
Track	100	Scott Williams	RCS	10.78	German Rizo	HHS	10.97	Blaine Whitson	CMH	11.14
	200	Scott Williams	RCS	22.18	German Rizo	HHS	22.55	Richard Jones	CMI	23.26
	400	Parker Jenkins	HHS	52.85	John Mendonca	HCS	53.14	Dom de la riva	XP	53.45
	800	Jesse Brooks	WCS	2:02.66	Carey McCandless	CMH	2:07.82	Tola Omilana	XP	2:08.30
	1600	Jake Jeanson	WCS	4:40.26	Jesse Brooks	WCS	4:40.57	Mark Langworthy	CMH	4:47.49
	3200	Jake Jeanson	WCS	10:08.14	Myles Scarano	WCS	10:56.26	Zac Bianco	WCS	11:04.60
	110H	Derrick Calloway	HHS	15.30	Max Keene	CMH	15.55	Justin Young	DCS	16.02
	300H	Max Keene	CMH	41.94	Parker Jenkins	HHS	42.96	Jordan Dorsey	HCS	43.74
	4 x 100		HCS	45.35		RCS	45.98		CMH	46.28
	4 x 400		HHS	3:39.45		WCS	3:39.69		RCS	3:42.44

**Girls Results**

Event	First Place - 5 pts			Second Place - 3			Third Place - 1 pt			
	Name	Mark		Name	Mark		Name	Mark		
Field Long Jump	Zoe Kurupas	XP	15' 3.75"	Melissa Gamble	RCS	15' 3.75"	Julia Anderson	HHS	14' 11.25"	
Triple Jump	Melissa Gamble	RCS	34' .5"	Julia Anderson	HHS	30' 7"	Stephanie Bennett	LCS	30' 0"	
High Jump	Brittany Luly	HHS	5' 0"	Gabby Siqueiros	XP	4' 8"	Ashley Luly	HHS	4' 8"	
Shot Put	Kim Sepulveda	HHS	35' 9"	Leah Foster	HHS	31' 2.75"	Alison Ogilvie	WCS	31' 2.5"	
Discus	Kim Sepulveda	HHS	107' 4.75"	Leah Foster	HHS	96' 5.25"	Emily Roethler	DCS	94' 2.75"	
Track	100	Jennifer Van Wey	LCS	12.22	Camille Bowen	RCS	12:40	Heather Visser	HCS	13.69
	200	Jennifer Van Wey	LCS	25.63	Melissa Gamble	RCS	26.18	Lilya Acevedo	HHS	26.63
	400	Breanna McCloud	HCS	1:01.55	Megan Smedley	WCS	1:01.93	Lilya Acevedo	HHS	1:02.33
	800	Breanna McCloud	HCS	2:39.71	Megan Griffin	LCS	2:42.68	Megan Marshall	DCS	2:45.49
	1600	Karina Castaneda	XP	5:55	Brooke McCandless	CMH	6:08	Sami Aguilar	RCS	6:13
	3200	Karina Castaneda	XP	12:51.77	Gabby Jimenez	WCS	13:01.73	Brooke McCandless	CMH	13:11.32
	100H	Ariella Harrison	HHS	16.23	Holly Young	LCS	16.48	Gabby Siqueiros	XP	17.40
	300H	Ariella Harrison	HHS	49.00	Holly Young	LCS	50.63	Chrissy Landes	DCS	52.27
	4 x 100		RCS	51.67		LCS	54.49		CMI	56.39
	4 x 400		RCS	4:23.49		HHS	4:28.29		LCS	4:36.61

qualifies for CIF Pre-lims